



FARM FIELD STUDIES

FOR PARENTS AND CHAPERONES

Marin Agricultural Land Trust (MALT) is happy to have your children participating in the Farm Field Studies Program. On the field trip students will get hands-on experiences of life on a farm. They learn how food is grown and gain an appreciation of the skill and hard work that goes into producing our food. They may milk a goat, make butter, harvest potatoes, pet a cow, or catch a tadpole. They also learn that healthy food choices can taste good and are good for their bodies.

How to Prepare Your Child for a Visit to the Farm

The students will visit a working farm so please dress them appropriately. Farm life can be messy, especially in rainy weather. Children should wear sturdy shoes and clothing that can get dirty and wet. In addition, weather is unpredictable in West Marin, so be sure to dress children in layers and provide sun protection as well.

We want everyone to be safe and respectful of the host farmer's land, food crops and animals. Therefore, there are certain rules we expect the students follow. Please share these with your children:

- Pay attention to instructions given by the farmer or MALT volunteer
- Do not climb on fences or farm equipment
- Do not run in planted fields or step on the vegetables
- Do not pick crops or touch animals unless invited to do so
- "LOW & SLOW"—Keep voices low and movements slow when around farm animals

Additional Information for Chaperones

If you are acting as a chaperone for the day, we look forward to seeing you on the farm and ask you to stay with the students during every activity, encourage students to pay close attention to the farmer and volunteers, and please remove any food packaging or other garbage brought onto the farm.

Helpful Hints: You may want to bring sheets or plastic tarps for your car, as some muddy feet may be coming back home with you. In addition, know that cell phone reception in West Marin is spotty, so plan accordingly.

If you have any questions or want to learn more about this program or other educational opportunities we provide, please visit our website at www.malt.org or email us at ffs@malt.org.

Sincerely,

Marin Agricultural Land Trust
Farm Field Studies Program
415-663-1158